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| **Title** | **AUTHOR** | **EXCERPT** |
| Introduction | Cristina Pantoja Hidalgo | The idea for this book came from Ned Parfan.  We had realized that 2022 was the 10th anniversary year… |
| Kuwadro’t Kondenado:  Ang Pagtula Sa Mga Larawan,  Ang Paglalarawan Sa Mga Tula | Paul Alcoseba Castillo | Nang manalasa ang COVID-19, naging parusa itong ipinataw sa  mga mamamayang pinilit makaluwas… |
| Trying To Pray: Notes On Crafting Poetry | Joel M. Toledo | This piece talks about my process in writing a poem, which goes without saying that the thoughts and ideas… |
| On The Writing Of ‘Shadowboxing  In Polyester’ | Ned Parfan | Because it is a structure of interlinked poems or fragments, the lyric sequence is a form tailor-made… |
| The Island | Nerisa del Carmen Guevara | The island sits on the edge of the page  of the brochure on the table. The rest of the page is water, the deep end of the shore. The island is only this: coconut |
| The Academe  And Its Wild Things | Augusto Antonio A. Aguila | My first two short story collections, The Heart of Need and Other Stories and Carnival of Hate… |
| Betwixt: Stories Of In Between | Jose P. Mojica | In his 1909 work The Rites of Passage, Arnold van Gennep coined the term liminality. Here the idea is … |
| Teteksbuk Teksbuk: O, Mag-Textbook Ay Di Biro | Mark Anthony Angeles | Mga akdang pampanitikan ang WIP (work-in-progress) ko ATM (at the moment). Pero, at kahit na… |
| Into The Fire You Go: A Technical Introduction | Dawn Marfil Burris | There was no project, no plans for a second book. In fact, I think the point of my life for the last two years |
| “Biruin Mo ‘Yun!” Mala-Handbook Ng Pinoy Humor | Joselito D. De Los Reyes, PhD | Noong una kong naisip ang katagang “seryosong usapin ang humor,” akala ko ako ang nakauna sa oxymoron na ito. |
| The Journal Or Diary Excerpt As Literature | Cristina Pantoja Hidalgo | I have kept a diary or journal (I use the terms interchangeably) since I was eight years old. I think it started… |
| Liwaliw: Mga Lakbay Sanaysay  At Lakbay Alaala | John Jack G. Wigley | Ang proyektong ito ay kalipunan ng mga lakbay-sanaysay ng manunulat na naglalayong makabuo ng isang… |
| Kuwentong Karera: Writing About  Horseracing | Jenny Ortuoste | I first became involved with the Philippine horseracing industry  when I was in my early 20s. |
| Mga Kuwentong Bayan Sa Gabing Maulan:  Salin Ng Tales For A Rainy Night Ni Cristina Pantoja Hidalgo | Chuckberry J. Pascual | Pangalawang koleksiyon na ng mga kuwento ni Cristina Pantoja Hidalgo ang Tales for a Rainy Night |
| Labaw Sa Bulawan: Translating Mindanao Poetry From Cebuano Into English (Preliminary Notes Towards A Theoria And A Praxis) | Ralph Semino Galán | In this day and age of rapidly increasing globalization and the concomitant rise of migration… |
| Separate Spheres, Shared Orbit: In Search Of The Woman In God And Poetry | Ma. Ailil B. Alvarez | A confession: I am a practicing conservative Catholic who, in college, wrote about how God is like a woman. |
| Latin Roots Of Philippine Literature And Culture | Lito B. Zulueta | The essay that follows this piece is not part of a larger publication  project, at least it wasn’t conceived as such at first… |